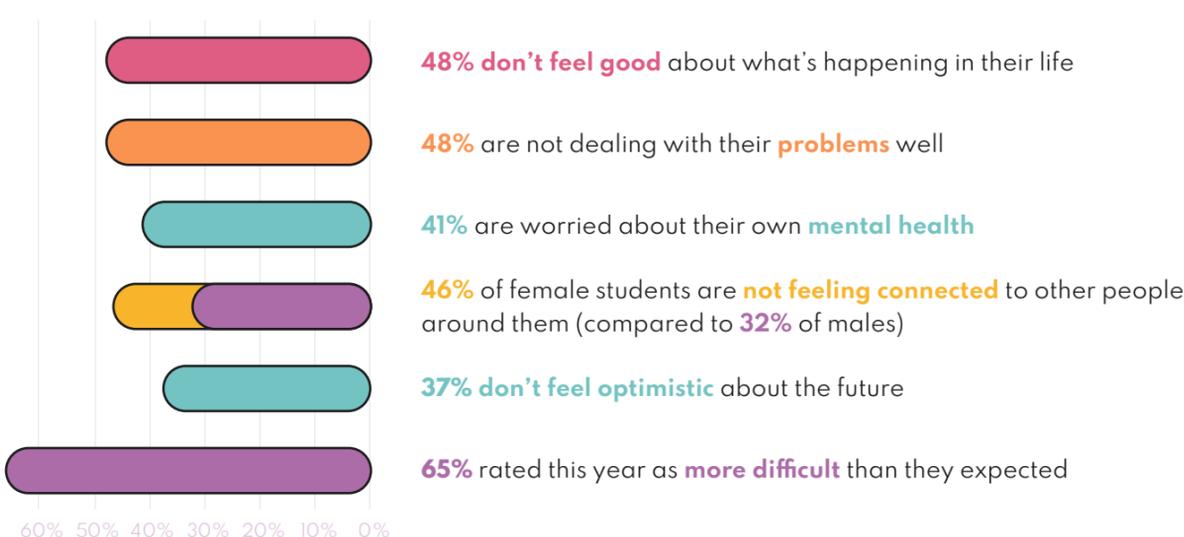
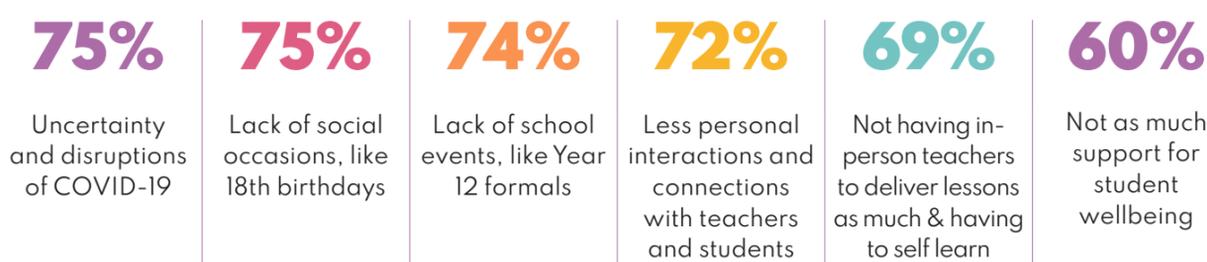


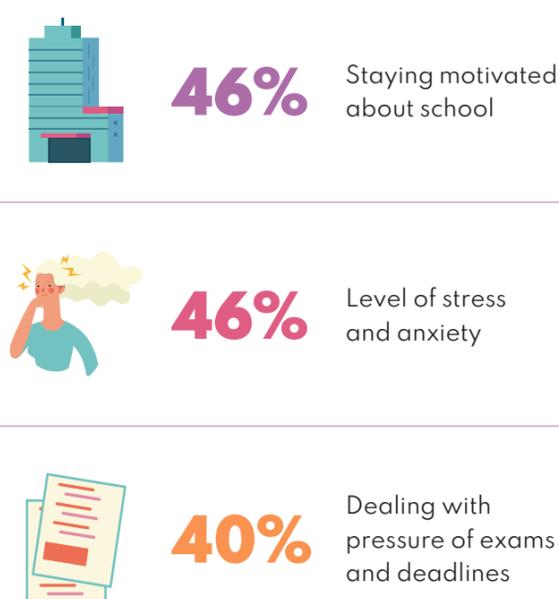
Year 12 Student Wellbeing has been **deeply impacted** by COVID-19



Most common negative impacts experienced by Year 12s



What Year 12s are **struggling** the most with:

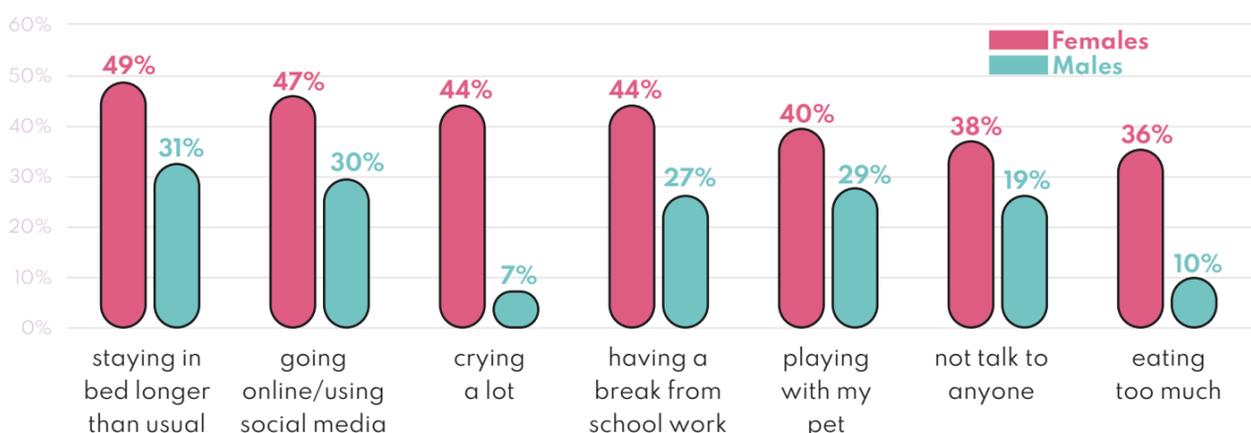


Female students are feeling **more stressed and anxious**, compared to males

% What students are feeling stressed or anxious about	♀	♂
Preparing for exams	70%	55%
Missing friends and social occasions	54%	48%
Achieving the ATAR score I need	54%	48%
My mental health	53%	30%
Getting into the course I want	51%	37%
Missing out on end of year celebrations	50%	38%
Worried the disruption to the year may be a disadvantage	48%	45%
Worried about the world in general	47%	35%

Female students are not coping as well with stress and anxiety

Different ways females are coping with stress and anxiety



Reaching out for support



Dealing with stress and anxiety

11% of all Year 12s (15% of 18-19s) are drinking alcohol or smoking to relieve stress and anxiety



A nationally representative study amongst 519 Year 12 students across Australia was conducted in October 2020 to understand the impact of COVID-19 disruptions. The survey was undertaken by **89 Degrees East** on behalf of **DrinkWise**.

Find messages of support for year 12s at:

youtgotthis.org.au