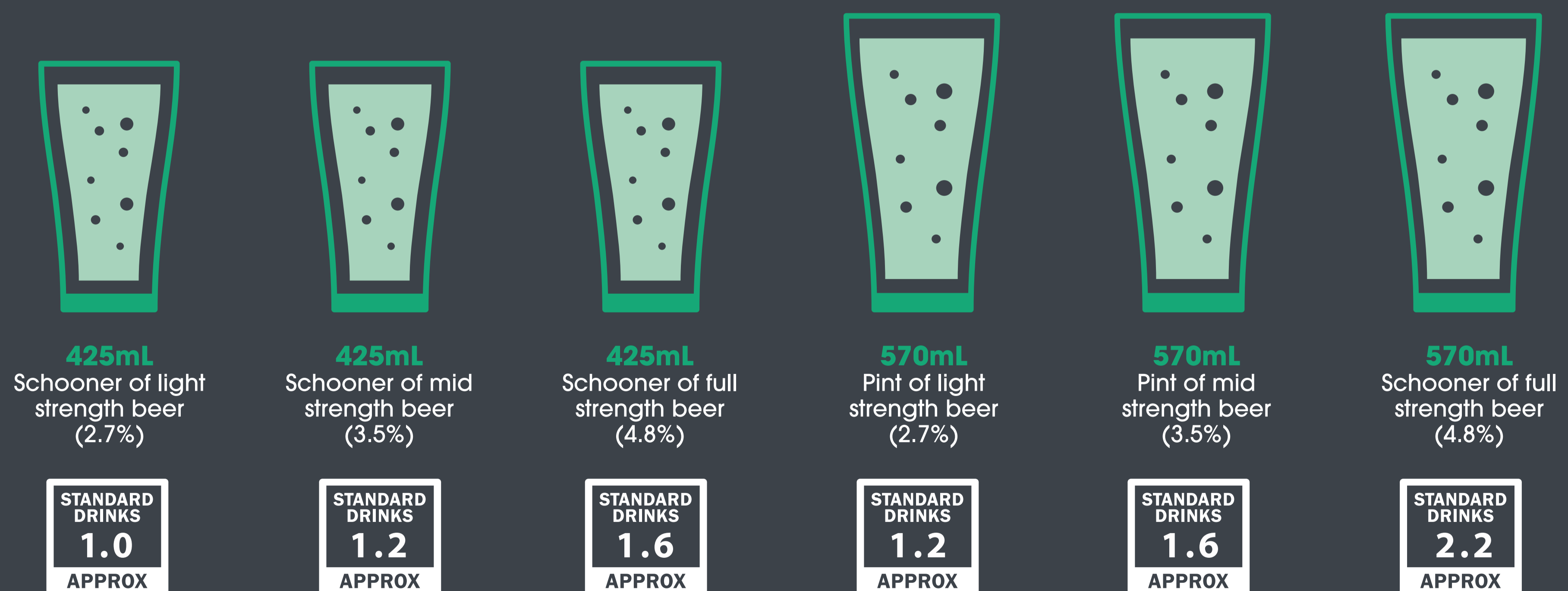
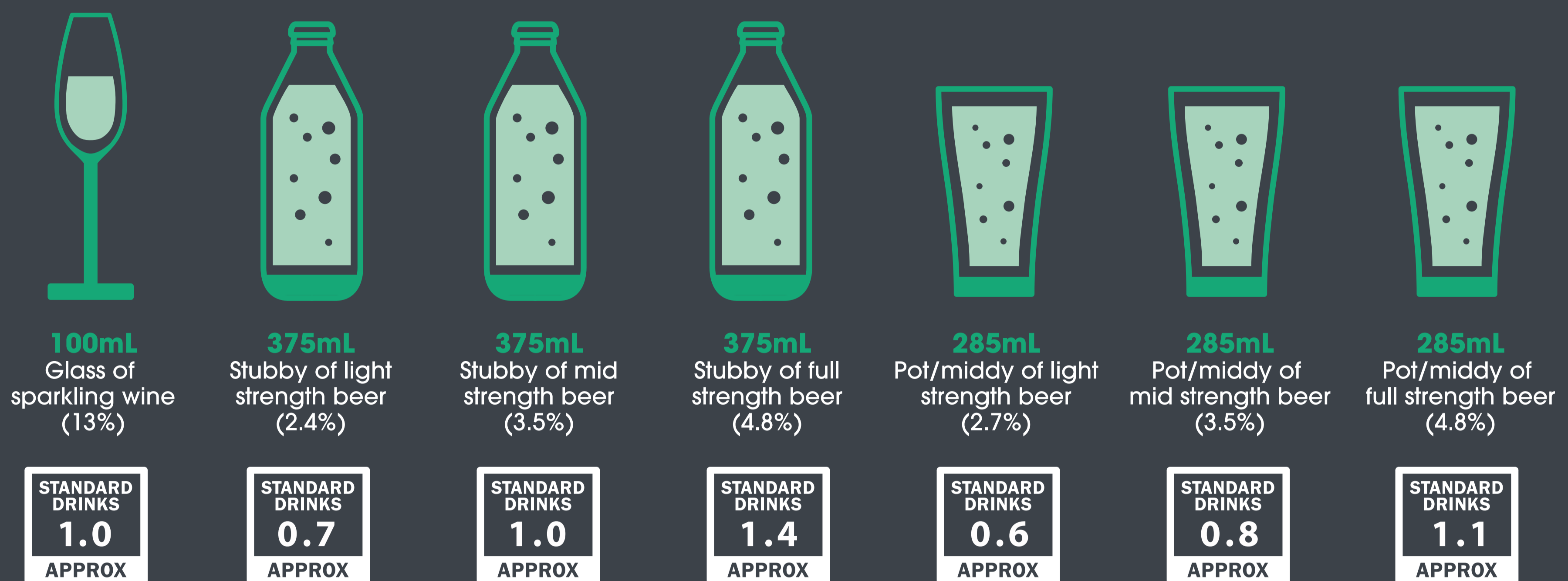
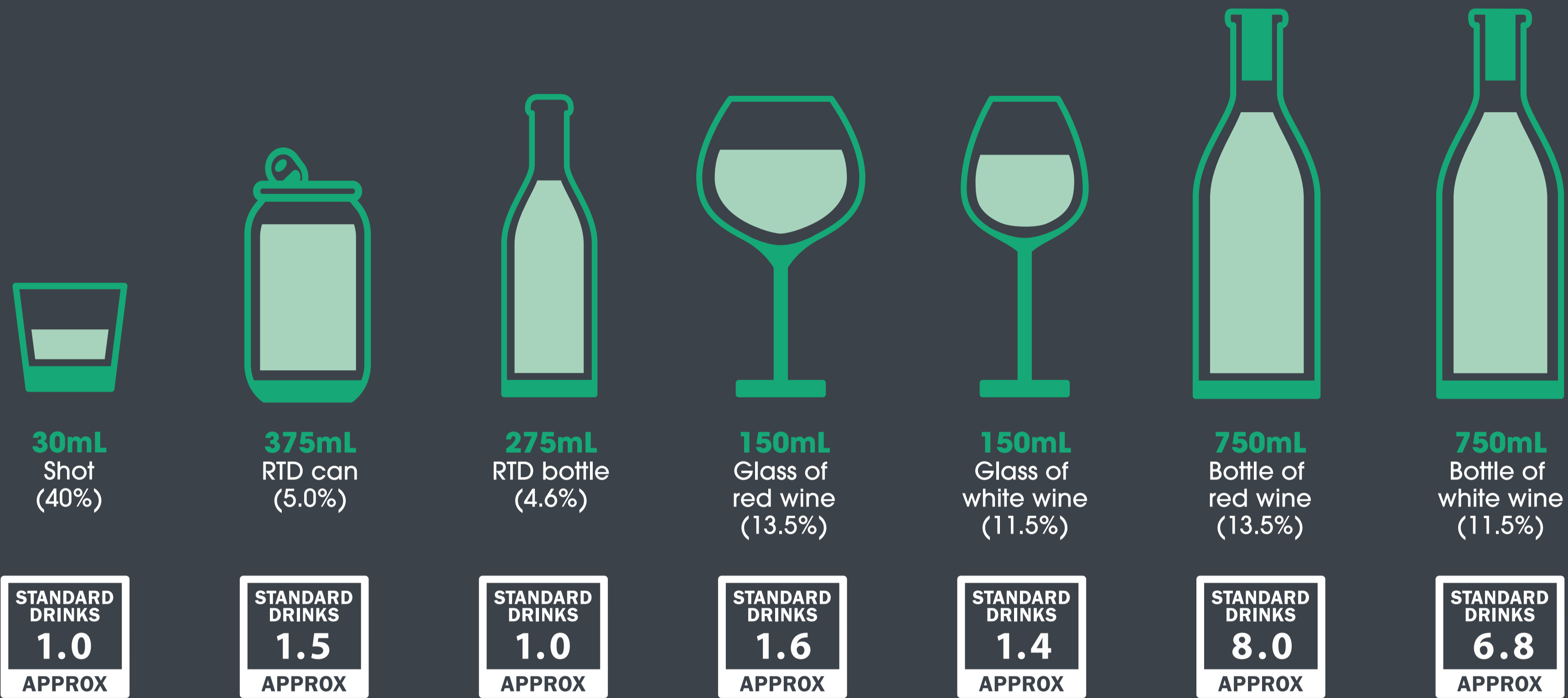


# What is a standard drink?

In Australia, a standard drink refers to a drink that contains 10 grams of alcohol. Below are examples of some product types, alcohol volumes and standard drink measurements.



[DrinkWise.org.au](http://DrinkWise.org.au)

Calculations confirmed by the Australian Wine Research Institute.